

CANESTEN® CREAM BAYER HEALTHCARE AG

Active ingredient: Clotrimazole

Composition

1 g of cream contains 0.01 g clotrimazole in a cream base (O/W) that can be washed off.

Other constituents: benzyl alcohol, cetyl palmitate, cetostearyl alcohol, purified water, 2-octyldodecanol, Polysorbate 60, sorbitan stearate.

Indications

The indications for Canesten include fungal skin infections (mycoses) caused by dermatophytes, yeasts, moulds (e.g. *Aspergillus* species), and other fungi.

Fungal skin infections:

- between the toes and between the fingers;
- of skin and skin folds;
- of the proximal nail fold (paronychia), including those associated with nail mycoses;
- pityriasis versicolor (*Malassezia furfur*);
- erythrasma (*Corynebacterium minutissimum*);
- skin disorders superinfected with Canesten-sensitive organisms.

Infections of the labia and adjacent regions due to yeasts (candidal vulvitis); inflammation of the glans penis and foreskin due to yeasts (candidal balanitis).

Contraindications

Hypersensitivity to clotrimazole and/or cetostearyl alcohol.

Side effects

The local tolerability of Canesten cream is generally good. Skin reactions such as burning, stinging, or redness may occur in rare cases. No effect on other organs need be anticipated from external use.

Dosage guidelines and nature of use

Unless otherwise prescribed, Canesten cream is applied thinly to infected areas of skin 2-3 times a day, and rubbed in. Owing to the excellent efficacy, a small amount of cream (a ribbon about ½ cm long) is usually sufficient to treat an area about the size of the palm of the hand.

In candidal vulvitis and candidal balanitis, the cream is applied thinly to infected areas 2-3 times a day (external genital organs as far as the anus in women; glans penis and foreskin in men), and rubbed in.

Duration of use

To ensure complete success, it is important that Canesten cream be used regularly and for an adequate period of time (see below). The duration of treatment varies depending, among other things, on the extent and localization of the infection. To achieve complete recovery, the therapy with Canesten cream should not be discontinued after the acute inflammatory symptoms or subjective discomfort have subsided, but be continued for a total period of at least 4 weeks. Candidal vulvitis and candidal balanitis are eliminated within 1-2 weeks, pityriasis versicolor in general within 1-3 weeks, and erythrasma in 2-4 weeks.

In cases of tinea pedis, in order to prevent recurrence the treatment should be continued for about 2 weeks after all signs of infection have disappeared, despite a rapid improvement in subjective symptoms.

Notes

After washing, the feet must always be dried thoroughly, paying particular attention to the areas between the toes.

Canesten cream must not be used after the expiry date stated on the pack.

Presentation

Tube of 20 g cream