

COLDIFED SYRUP

Pharmacare

Product Generic Group

Pseudoephedrine Hydrochloride 30 mg
Tripolidine Hydrochloride 1.25 mg

Presentation

Coldifed Syrup: Bottles of 120 ml

Indications

Coldifed is indicated to treat the disorders of the upper respiratory tract including nasal congestion; sinusitis associated with allergies, itchy watery eyes, itchy throat, sneezing and other symptoms associated with allergies, hay fever, and the common cold. Coldifed may have value in the management of secretory otitis media (glue ear).

Contraindications

Coldifed is contraindicated in patients who have previously exhibited tolerance to it or any of its constituents. Coldifed is contraindicated in patients with severe hypertension or severe coronary artery disease.

It is contraindicated in patients who are taking or have taken monoamine oxidase inhibitors with the preceding 2 weeks. The concomitant use of pseudoephedrine or this type of product may increase blood pressure.

Warnings

Coldifed may cause drowsiness and impair performance in test of auditory vigilance. Patients should not drive or operate machinery until they are confident about their response.

Coldifed should be used with caution in patients with hypertension, heart disease, diabetes, hyperthyroidism, elevated intra-ocular pressure and prostate enlargement.

In presence of severe renal and/or hepatic dysfunction, caution should be exercised. Coldifed should not be used for persistent or chronic cough which occurs with smoking, asthma or emphysema or

when cough is accompanied by excessive secretion, unless directed by a physician.

Interactions

Coldifed syrup should not be taken if a patient is receiving a monoamine oxidase inhibitor (MAOI) such as isocarboxazid (Marplan), phenelzine (Nardil), or tranylcypromine (Parnate) in the last 14 days. A very serious drug interaction could occur, leading to serious side effects.

Coldifed syrup may increase the effects of other drugs that cause drowsiness, including antidepressants, alcohol, other antihistamines, pain relievers, anxiety medicines, seizure medicines and muscle relaxants. Dangerous sedation, dizziness, or drowsiness may occur if Coldifed syrup is taken with any of these medications. Drug interactions may also occur with appetite suppressants, other sympathomimetics and amphetamine like drugs.

Adverse Effects

Coldifed syrup may occasionally create mild sedation or insomnia. Rarely sleep disturbances and hallucination have been reported. The following may occur occasionally:

- Allergic reactions like difficulty in breathing, constricting throat, swelling of lips, tongue, or face, or hives.
- Yellowing of the skin or eyes, nausea, abdominal pain or discomfort, unusual bleeding or bruising, severe fatigue.
- Low blood sugar symptoms like fatigue, increased hunger or thirst, dizziness or fainting.
- Urinary retention may occasionally occur in male patients where prostatic enlargement is present.
- Other, less serious side effects like dry eyes, nose and mouth, drowsiness or dizziness, blurred vision, difficulty in urinating are more likely to occur.

Properties

Coldifed is a cough and cold preparation which

contains a decongestant and an anti-histamine. Pseudoephedrine is a decongestant. It constricts blood vessels. This reduces the blood flow to certain areas, which decreases swelling and allows nasal and respiratory passages to open up. Tripolidine is an antihistamine that prevents sneezing, itchy watery eyes and nose and other symptoms of allergies and hay fever.

Dose

Adults and children over 12 years: 2 teaspoonfuls (10 ml) three times daily.

6-12 years: 1 teaspoonful (5 ml) three times daily.

2-6 years: ½ - 1 teaspoonful (2.5 – 5 ml) three times daily or as prescribed by the medical practitioner.