What is Bepanthen Cream and when is it used?
Bepanthen Cream contains the active ingredient dexpanthenol. Dexpanthenol is rapidly converted in skin cells to pantothenic acid. Pantothenic acid plays a part in both the formation and the regeneration of the skin.

Bepanthen Cream is used
• for the prevention and treatment of chafed, cracked or split skin;
• for dry skin;
• by nursing mothers for regular breast care and the treatment of sore nipples;
• in infant care as a protective barrier against nappy (diaper) wetness and for the prevention and treatment of chafing, redness and diaper rash.

What should be kept in mind when using Bepanthen Cream?
For the treatment of exposed skin surfaces (such as the face and hands) or hairy skin you may prefer to use Bepanthen Cream, a light, rapidly penetrating formulation.

For the treatment of infected wounds you should use an antiseptic, e.g. Bepanthen Plus.

When should Bepanthen Cream not be used or used with particular care?
You must not use Bepanthen Cream any longer if an allergic reaction occurs. Consult your doctor or pharmacist if you
• are suffering from any other illness,
• have any allergies,
• are taking or applying any other medication (including non-prescription products).

May Bepanthen Cream be used during pregnancy or breastfeeding?
Bepanthen Cream may be used during pregnancy and while breastfeeding.

How should Bepanthen Cream be used?
• Damaged skin: apply Bepanthen Cream one or more times daily, as needed.
• Nursing mothers: apply Bepanthen Cream to the nipples after each breastfeeding.
• Infant care: at each nappy (diaper) change spread Bepanthen Cream over your baby's bottom and groin, after cleaning these areas thoroughly with water.

It is important that you follow the dosage instructions contained in this leaflet. Should you feel that this product is too weak or too strong, consult your physician or pharmacist.

What side effects can Bepanthen Cream have?
Side effects associated with the use of Bepanthen Cream are rare. Should you notice any unusual skin reactions, inform your physician.

Other things you need to know
Close tube tightly after use and store where it will be protected from heat and out of the reach of children.
This medicine should not be used after the expiry date (EXP) shown on the pack.
You can obtain further information from your physician or pharmacist, both of whom have full prescribing information.

What does Bepanthen Cream contain?
Each gram contains 50 mg of dexpanthenol.

Where can Bepanthen Cream be obtained?
Bepanthen Cream can be bought over the counter from chemist's/pharmacies without a prescription.
What packs are available?
Tube containing 30 g.
What is Bepanthen Ointment and when is it used?
Bepanthen Ointment contains the active ingredient dexamethasone in an oil-rich ointment base. Dexamethasone is rapidly converted in skin cells to pantolthenic acid. Pantolthenic acid plays a part in both the formation and the regeneration of the skin.

Bepanthen Ointment is used
• for the prevention and treatment of chafed, cracked or split skin;
• for dry skin;
• by nursing mothers for regular breast care and the treatment of sore nipples;
• in infant care as a protective barrier against nappy (diaper) wetness and for the prevention and treatment of chafing, redness and diaper rash.

What should be kept in mind when using Bepanthen Ointment?
For the treatment of exposed skin surfaces (such as the face and hands) or hairy skin you may prefer to use Bepanthen Cream, a light, rapidly penetrating formulation.

For the treatment of infected wounds you should use an antiseptic, e.g. Bepanthen Plus.

When should Bepanthen Ointment not be used or used with particular care?
You must not use Bepanthen Ointment any longer if an allergic reaction occurs. Consult your doctor or pharmacist if you
• are suffering from any other illness,
• have any allergies,
• are taking or applying any other medication (including non-prescription products).

May Bepanthen Ointment be used during pregnancy or breastfeeding?
Bepanthen Ointment may be used during pregnancy and while breastfeeding.

How should Bepanthen Ointment be used?
• Damaged skin: apply Bepanthen Ointment one or more times daily, as needed.
• Nursing mothers: apply Bepanthen Ointment to the nipples after each breastfeeding.
• Infant care: at each nappy (diaper) change spread Bepanthen Ointment over your baby’s bottom and groin, after cleaning these areas thoroughly with water.

It is important that you follow the dosage instructions contained in this leaflet. Should you feel that this product is too weak or too strong, consult your physician or pharmacist.

What side effects can Bepanthen Ointment have?
Side effects associated with the use of Bepanthen Ointment are rare. Should you notice any unusual skin reactions, inform your physician.

Other things you need to know
Close tube tightly after use and store where it will be protected from heat and out of the reach of children. This medicine should not be used after the expiry date (EXP) shown on the pack.

You can obtain further information from your physician or pharmacist, both of whom have full prescribing information.

What does Bepanthen Ointment contain?
Each gram contains 50 mg of dexamethasone.

Where can Bepanthen Ointment be obtained?
Bepanthen Ointment can be bought over the counter from chemist's/pharmacies without a prescription.

What packs are available?
Tube containing 30 g.