

TILDIEM 60 mg *Sanofi-Aventis*

Composition

Diltiazem (INN) hydrochloride 60 mg; tablets.

Indications

Prophylactic treatment of angina pectoris, especially in effort angina induced by exercise and spontaneous angina including Prinzmetal's angina.

Contraindications

Sinus dysfunction, second or third degree AV block if no pacemaker is present. Left ventricular failure with pulmonary stasis.

Pregnancy

Side Effects

The most frequent, sometimes requiring withdrawal of treatment are: sinus bradycardia, sinoatrial block, auriculo-ventricular block, edema of the lower limbs, cutaneous rash.

Other side effects are rare and transient and include: asthenia, drowsiness, headache, insomnia, vertigo and digestive problems.

Rare cases of isolated, moderate, transient increases in hepatic transaminases have been reported at the beginning of treatment. Exceptional cases of clinical hepatitis have been reported.

Precautions

Surveillance should be carried out in patients with bradycardia (risk of increase) or first degree AV block revealed by ECG (risk of increase and exceptionally complete block).

In elderly patients, in patients with renal or hepatic failure, the plasma concentrations of diltiazem may be increased.

In cases of general anesthesia, the anesthetist should be informed that this drug is being taken.

Breastfeeding during treatment with diltiazem is not advised.

Drug Interactions

Associations contraindicated by prudence: Dantrolen, alpha-antagonists, beta-blockers, amiodarone, digoxin, antiarrhythmic drugs, nitrite derivatives, cyclosporin, carbamazepine, theophylline, H2 histaminergic receptor antagonists.

Dosage and Administration

Three tablets per day, 1 before each meal. In severe cases, the dosage may be increased to 4 or even 6 tablets per day.

The tablet should be swallowed with fluids, without chewing.

Packaging

t: 60 mg x 30.