**Presentation**
For intravenous or intramuscular injection or intravenous infusion.

**Targocid 200 mg:** Each vial provides 200 mg Teicoplanin presented as a lyophilisate for reconstitution. Each pack contains an ampoule of diluent (Water for Injection PhEur).
The vials do not contain any preservative.

**Uses**
Teicoplanin is a bactericidal, glycopeptide antibiotic, produced by fermentation of Actinoplanes teichomyceticus. It is active against both aerobic and anaerobic Gram-positive bacteria.

*Species usually sensitive (MIC less than or equal to 16 mg/l):* Staphylococcus aureus and coagulase negative staphylococci (sensitive or resistant to methicillin), streptococci, enterococci, Listeria monocytogenes, micrococci, Eikenella corrodens, group JK corynebacteria and Gram-positive anaerobes including Clostridium difficile, and peptococci.

*Species usually resistant (MIC superior to 16 mg/l):* Nocardia asteroides, Lactobacillus spp, Leucononostoc and all Gram-negative bacteria.

Bactericidal synergy has been demonstrated *in vitro* with aminoglycosides against group D streptococci and staphylococci. *In vitro* combinations of teicoplanin with rifampicin or fluorinated quinolones show primarily additive effects and sometimes synergy.

One-step resistance to teicoplanin could not be obtained *in vitro* and multi-step resistance was only reached *in vitro* after 11-14 passages.

Teicoplanin does not show cross-resistance with other classes of antibiotics.

The use of teicoplanin may result in overgrowth of non-susceptible organisms. If new infections due to bacteria or fungi appear during treatment appropriate measures should be taken.

**Susceptibility testing:** Sensidiscs are charges with 30 micrograms of teicoplanin. Strains showing an inhibition zone diameter of 14 mm or more are susceptible and those of 10 mm or less are resistant.

**Indications**
Targocid is indicated in potentially serious Gram-positive infections including those which cannot be treated with other antimicrobial drugs, eg. penicillins and cephalosporins.

Targocid is useful in the therapy of serious staphylococcal infections in patients who cannot receive or who have failed to respond to the penicillins and cephalosporins, or who have infections with staphylococci resistant to other antibiotics.

The effectiveness of teicoplanin has been documented in the following infections: Skin and soft tissue infections, urinary tract infections, lower respiratory tract infections, joint and bone infections, septicaemia, endocarditis and peritonitis related to continuous ambulatory peritoneal dialysis.

Targocid may be used for antimicrobial prophylaxis in orthopaedic surgery at risk of Gram-positive infection.

**Dosage and administration**

**Preparation of injection:** The entire contents of the water ampoule should be slowly added to the vial of Targocid and the vial rolled gently until the powder is completely dissolved, taking care to avoid formation of foam. If the solution does become foamy then allow to stand for about 15 minutes for the foam to subside.

A calculated excess is included in each vial of Targocid so that, when prepared as described above, a full dose of 200 mg, will be obtained if all the reconstituted solution is withdrawn from the vial by a syringe. The concentration of teicoplanin in these injections will be 200 mg in 3 ml (from the 200 mg vial).

**Administration:** The reconstituted Targocid injection may be administered directly either intravenously or intramuscularly. The intravenous injection may
be administered either as a bolus or as a 30 minute infusion. Dosage is usually once daily but, in cases of severe infection, a second injection should be administered on the first day in order to reach more rapidly the required serum concentrations.

The majority of patients with infections caused by organisms sensitive to the antibiotic show a therapeutic response within 48-72 hours. The total duration of therapy is determined by the type and the severity of the infection and the clinical response of the patient. In endocarditis and osteomyelitis, treatment for three weeks or longer is recommended.

Determination of teicoplanin serum concentrations may optimise therapy. In severe infections, trough serum concentrations should not be less than 10 mg/l. Peak concentrations measured one hour after a 400 mg intravenous dose are usually in the range of 20-50 mg/l; peak serum concentrations of up to 250 mg/l have been reported after intravenous doses of 25 mg/kg. A relationship between serum concentration and toxicity has not been established.

Therapeutic dosage:

Adult and elderly patients with normal renal function

Prophylaxis: 400 mg intravenously as a single dose at induction of anaesthesia.

Moderate infections: Skin and soft tissue infection, urinary infection, lower respiratory tract infections.

Loading dose: One single i.v. or i.m. injection of 400 mg on the first day.

Maintenance dose: A single i.v. or i.m. injection of 200 mg daily.

Severe infections: Joint and bone infection, septicemia, endocarditis.

Loading dose: Three 400 mg injections, administered 12 hours apart.

Maintenance dose: A single i.v. or i.m. injection of 400 mg daily.

NB:

1- Standard doses of 200 mg and 400 mg equate respectively to mean doses of 3 and 6 mg/kg. In patients weighing more than 85 kg it is recommended to adapt the dosage to the weight following the same therapeutic schedule: moderate infection 3 mg/kg, severe infection 6 mg/kg.

2- In some clinical situations, such as infected, severely burned patients or Staphylococcus aureus endocarditis, unit maintenance doses of up to 12 mg/kg have been administered (intravenously).

Children:

Teicoplanin can be used to treat Gram-positive infections in children from the age of 2 months. For severe infections and neutropenic patients the recommended dose is 10 mg/kg every 12 hours for the first three doses; thereafter a dose of 10 mg/kg should be administered by either intravenous or intramuscular injection as a single dose each day.

For moderate infections the recommended dose is 10 mg/kg every twelve hours for the first three doses; thereafter a dose of 6 mg/kg should be administered by either intravenous or intramuscular injection as a single dose each day.

The recommended dosage regimen for neonates is a loading of 16 mg/kg followed by a daily dose of 8 mg/kg.

Adults and elderly patients with renal insufficiency:

For patients with impaired renal function, reduction of dosage is not required until the fourth day of Targocid treatment. Measurement of the serum concentration of teicoplanin may optimise therapy (see “Administration”).

From the fourth day of treatment:

In mild renal insufficiency: creatinine clearance between 40 and 60 ml/min, Targocid dose should be halved, either by administering the initial unit dose every two days, or by administering half of this dose once a day.

In severe renal insufficiency: creatinine clearance less than 40 ml/min and in haemodialysed patients, Targocid dose should be one third of the normal either by administering the initial unit dose every third day, or by administering one third of this dose once a day. Teicoplanin is not removed by dialysis.

In continuous ambulatory peritoneal dialysis: after a single loading IV dose for 400 mg if the patient
nephrotoxic or ototoxic potential. Of particular concern are streptomycin, neomycin, kanamycin, gentamicin, amikacin, tobramycin, cephaloridine, colistin. In clinical trials teicoplanin has been administered to many patients already receiving various medications including other antibiotics, antihypertensives, anesthetic agents, cardiac drugs and antidiabetic agents without evidence of adverse interaction.

Pharmaceutical precautions
Vials of dry Targocid should be stored below 25ºC. In keeping with good clinical pharmaceutical practice reconstituted vials of Targocid should be used immediately and any unused portion discarded. On the few occasions when changing circumstances make this impractical reconstituted solutions should be kept at 4ºC and discarded within 24 hours. The reconstituted solution may be injected directly, or alternatively diluted with: 0.9% Sodium Chloride Injection; Compound Sodium Lactate Injection (Ringer-Lactate Solution, Hartmann's Solution); 5% Dextrose Injection; 0.18% Sodium Chloride and 4% Dextrose Injection; Peritoneal dialysis solution containing 1.36% or 3.86% Dextrose. Solutions of teicoplanin and aminoglycosides are incompatible when mixed directly and should not be mixed before injection.

Use in pregnancy
Animal reproduction studies have not shown evidence of impairment of fertility or teratogenic effects. At high doses in rats there was an increased incidence of stillbirths and neonatal mortality. It is recommended that Targocid should not be used during confirmed or presumed pregnancy or during lactation unless a physician considers that the potential benefits outweigh any possible risk. There is no information about the excretion of teicoplanin in milk or placental transfer of the drug.

Side effects
Targocid is generally well tolerated. Side-effects
rarely require cessation of therapy and are generally mild and transient: serious side-effects are rare. The following adverse events have been reported.

**Local reactions:** erythema, local pain, thrombophlebitis, injection site abscess.

**Hypersensitivity:** rash, pruritis, fever, bronchospasm, anaphylactic reactions, anaphylactic shock, rigors, urticaria, angioedema, rare reports of exfoliative dermatitis, toxic epidermal necrolysis, rare cases of erythema multiforme including Stevens-Johnson syndrome. In addition, infusion-related events, such as erythema or flushing of the upper body, have been rarely reported in which the events occurred without a history of previous teicoplanin exposure and did not recur on re-exposure when the infusion rate was slowed and/or concentration decreased. These events were not specific to any concentration or rate of infusion.

**Gastro-intestinal:** nausea, vomiting, diarrhoea.

**Blood:** eosinophilia, leucopenia, thrombocytopenia, thrombocytosis, neutropenia, rare cases of reversible agranulocytosis.

**Liver function:** increases in serum transaminases and/or serum alkaline phosphatase.

**Renal function:** transient elevations of serum creatinine, renal failure.

**Central nervous system:** dizziness, headache.

**Auditory vestibular:** mild hearing loss, tinnitus and vestibular disorder.

**Other:** Superinfection (overgrowth of non-susceptible organisms).

### Overdosage

Teicoplanin is not removed by haemodialysis. Treatment of overdosage should be symptomatic. Several overdoses of 100 mg/kg/day have been administered in error to two neutropenic patients aged 4 and 8 years. Despite high plasma concentrations of teicoplanin up to 300 mg/ml there were no symptoms or laboratory abnormalities.

### Pharmacokinetics

Following injection teicoplanin rapidly penetrates into tissues, including skin, fat and bones and reaches the highest concentrations in the kidney, trachea, lungs and adrenals. Teicoplanin does not readily penetrate into the cerebro-spinal fluid (CSF).

In man the plasma level profile after intravenous administration indicates a biphasic distribution (with a rapid distribution phase having a half-life of about 0.3 hours, followed by a more prolonged distribution phase having a half-life of about 3 hours), followed by slow elimination (with a terminal elimination half-life of about 150 hours). At 6 mg/kg administered intravenously at 0, 12, 24 hours and every 24 hours thereafter as a 30 minute infusion, a predicted trough serum concentration of 10 mg/l would be reached by Day 4. The steady state volume of distribution after 3 to 6 mg/kg intravenously ranges from 0.94 l/kg to 1.4 l/kg. The volume of distribution in children is not substantially different from that in adults.

Approximately 90-95% teicoplanin is bound with weak affinity to plasma proteins. Teicoplanin penetrates readily into blister exudates and into joint fluid; it penetrates neutrophils and enhances their bactericidal activity, it does not penetrate red blood cells.

No metabolites of teicoplanin have been identified; more than 97% of the administered teicoplanin is excreted unchanged. The elimination of teicoplanin from the plasma is prolonged with a terminal half-life of elimination in man of about 150 hours. Teicoplanin is excreted mainly in the urine.

### Package quantities

Targocid 200 mg: Combined pack of one vial providing 200 mg teicoplanin and one ampoule containing 3.2 ml Water for Injections PhEur.